



National Youth Remembrance Contests

In Partnership with the Legion National Foundation



The Legion
National
Foundation

La Fondation
nationale
Légion

JULY 2023



Overview

- In conjunction with SALT (agency that specializes in creative strategy and design), the Poster and Literary Contests have been refreshed to inspire students to participate and ensure the tradition of Remembrance remains relevant to and supported by younger generations.

GET: Canadian Youth

TO: take notice of the Remembrance Contest

BY: refreshing the contest's overall look and feel, and creating a compelling new video category.

Agenda

- Name Changes
- Refreshed Look & Feel
- New Materials Created
- Video Contest
- Website
- Discussion and Questions

Name Changes

- Now collectively known as:

National Youth Remembrance Contests

- Three contests:
 - Poster Contest
 - Rabbi Bulka Literary Contest
 - Video Contest

Refreshed Look & Feel

- Previous branding = Legion only
 - New branding = Legion + Legion National Foundation
- Eye catching for the younger audience with the goal of increasing engagement and creativity
- Existing materials refreshed:
 - Youth Education Programs Booklet
 - Renamed to: Complete Guidelines for Literary, Poster and Video Contests
 - Poster and Literary Contests Judging Guidelines
 - Poster and Literary Contests Entry Form
 - Winners Booklet
 - Winners Certificates

Youth Education Programs Booklet & Poster and Literary Contests Judging Guidelines

Win a trip!

Win a trip for two to Ottawa to represent Canada's youth at next year's National Remembrance Day Ceremony on November 11th.

TEACHERS' GUIDE

LEGION NATIONAL FOUNDATION

The Legion National Foundation

La Fondation nationale Légion

May 2022 200816

POSTER CONTEST

Colour or Black & White

Remembrance

Contestants are challenged to exercise their creativity and submit a poster on the theme of Remembrance in either colour or black and white.

This is a contest to select the most suitable posters submitted by students in the Canadian school system.

The posters will be judged at the local Branch and then at the Provincial level. The Provincial winners in the Primary, Junior, Intermediate and Senior categories will then be submitted to Ottawa for judging at the Legion National Foundation level.

A plaque will be awarded to the 1st place winner in each category, and to the 1st place winners' schools.

Prizes will be awarded on the recommendation of the judges, whose decision will be final.

On notification of having been selected as a winner at the Legion National Foundation level, the artist agrees to the full and exclusive non-profit use of the art work by the Legion National Foundation and The Royal Canadian Legion for the period of one year, after which all rights for usage revert to the artist.

Regulations

1. All entries to be submitted to the local Legion branch.

2. Candidates must complete an official Registration Form, available from the local Legion branch or on line at legion.ca/contests, and attach it to their entry (no staples please).

3. This contest is open to all students in the Canadian school system.

4. Students who have been out of the educational system for more than two consecutive years are ineligible to compete in the Poster Contest at any level.

5. Entries will be no larger than 56 cm x 71 cm.

6. The poster shall reflect REMEMBRANCE with a Canadian theme. If symbols are used, Canadian symbols such as Canadian and provincial flags, coats of arms, and representative flowers, birds or animals, as well as all forms of Canadian historical and current military dress shall be pre-eminent.

Regulations continued on next page

Annual Poster and Literary Contests

Judging Guidelines

The Legion National Foundation

La Fondation nationale Légion

POSTER CONTEST REGULATIONS

1. This contest is open to all Canadian students in the Canadian school system.

2. All entries are to be submitted to the local Legion branch.

3. Students who have been out of the educational system for more than two consecutive years are ineligible to compete in the Poster Contest at any level.

4. Entries will be no larger than 56 cm x 71 cm.

5. Please choose which contest you would like to enter and use only the following:
Colour
Black & White

6. Entries will be judged on originality, expression of designated subject, drawing and illustration. COMPUTER GENERATED ENTRIES WILL NOT BE ACCEPTED.

7. The poster shall reflect REMEMBRANCE with a Canadian theme. If symbols are used, Canadian symbols shall be pre-eminent. Such national symbols are Canadian and provincial flags, coats of arms, and representative flowers, birds or animals, as well as all forms of Canadian historical and current military dress.

8. Candidates will complete an official Registration Form, available from the local Legion branch online at www.lnfcanda.ca or www.legion.ca. Attach it to the entry (no staples please).

9. Winning posters, at the national level, will be framed and placed on display at the Canadian War Museum in Ottawa for one year. Second and third place national level winners will be displayed at Parliament Hill during the week of Remembrance. All artwork will be returned to the artists through Provincial Commands.

10. A Contestant may enter both the Colour Contest and the Black and White Contest, but may submit only one entry for each category.

COLOUR POSTER CONTEST SCORE SHEET

MAXIMUM POSSIBLE		SCORE
Theme 20%	Does it show originality? Does it grab the viewer's interest?	
Effect 20%	Does it inspire the viewer? Does it make the viewer think?	
Clarity 25%	Is the poster content clear? Is the message concise? Does the message have an impact on the viewer?	
Composition 25%	Is the poster balanced in colour and overall content? Is the poster in good taste, not overdone? Does the drawing fulfill the guidelines for this contest? (correct size, not computer generated, attached paper with required information, etc.) WHEN NATIONAL SYMBOLS ARE USED, CANADIAN SYMBOLS MUST BE PRE-EMINENT	

BLACK AND WHITE POSTER CONTEST SCORE SHEET

MAXIMUM POSSIBLE		SCORE
Theme 20%	Does it show originality? Does it grab the viewer's interest?	
Effect 20%	Does it inspire the viewer? Does it make the viewer think?	
Clarity 25%	Is the poster content clear? Is the message concise? Does the message have an impact on the viewer?	
Composition 25%	Is the poster balanced in content and shading? (drawn by hand in pencil, charcoal or India ink only) Is the poster in good taste, not overdone? Does the drawing fulfill the guidelines for this contest? (correct size, not computer generated, attached paper with required information, etc.) WHEN NATIONAL SYMBOLS ARE USED, CANADIAN SYMBOLS MUST BE PRE-EMINENT	

Student Full Name

Grade

Category

Home Address

Telephone Number

Age

School Full Name

lnfcanda.ca • legion.ca

March 2022 200819

The Legion National Foundation

La Fondation nationale Légion

Complete Guidelines for Literary, Poster and Video Contests

WIN A TRIP

Win a trip for two to Ottawa to represent Canada's youth at next year's National Remembrance Day Ceremony on November 11th.

NATIONAL YOUTH REMEMBRANCE CONTESTS

COMPLETE GUIDELINES FOR LITERARY, POSTER AND VIDEO CONTESTS

CREATED BY
EMMA CERVINKA
LONDON, ON

CONTACT

NATIONAL YOUTH REMEMBRANCE CONTESTS

CONTACT

Through the annual National Youth Remembrance Contests, Canadian youth and children are invited to honour Canada's Veterans, help perpetuate Remembrance and foster the tradition of Remembrance amongst Canadians through visual art, writing, and now video. The Legion National Foundation, in partnership with The Royal Canadian Legion and schools across the country, invite students in grades kindergarten through 12 to enter their poster or literary submissions to their local Legion Branch, or their video submission to RemembranceContests.ca.

The local Legion Branches and Legion Provincial Commands evaluate and select the winning entries at their respective levels and forward the finalists to the Legion National Foundation in Ottawa. A panel, including artistic professionals, judges the finalists' works, and the national winners are named.

The Legion National Foundation awards a cash prize for all National winners and sponsors a trip to Ottawa for all First-Place Senior Winners, to attend the National Remembrance Day Ceremony where they place a wreath on behalf of the Youth of Canada. They also have an opportunity to meet and visit with the Governor General.

CONTACT For questions regarding the National Youth Remembrance Contests please contact contests@legion.ca.

RABBI BULKA LITERARY CONTEST GUIDE

The First-Place Senior entries are displayed at the Canadian War Museum from November to October of the following year.

RULES

1 This contest is open to all students in the Canadian school system.

2 Students who have been out of the educational system for more than two consecutive years are ineligible to compete in the Rabbi Bulka Literary Contest at any level.

3 All entries are to be physically submitted to the local Legion Branch. Please contact the Legion Branch nearest you for their specific deadline date for entries: legion.ca/contests-us/find-a-branch.

4 Participants must complete and include an official registration form with their entry. (No staples.) This form is available through your local Legion Branch or online: legion.ca/contests-us/find-a-branch.

5 Participants 17 years of age or younger must confirm parental permission via their official registration form.

6 Entries may be submitted in either English or French.

7 Both printed and handwritten submissions must be single sided.

8 Entries must not exceed the word or line limit as outlined on the entry form.

9 **SENIOR LEVEL:** Participants will submit an essay of not more than 800 words or a poem of not more than 32 lines.

10 **INTERMEDIATE LEVEL:** Participants will submit an essay of not more than 500 words or a poem of not more than 32 lines.

11 **JUNIOR LEVEL:** Participants will submit an essay of not more than 350 words or a poem of not more than 32 lines.

12 A participant may submit both an essay and a poem, but only one entry per category.

All submissions must be the participant's original work. Submissions that appear to be computer generated, rendered by AI or machine will not be accepted.

The copying or reproducing of previously published works in whole or in part, without either the written permission from the author/source, or without identifying the author/source in the work, will result in the work being automatically disqualified.

The work should reflect Remembrance with a Canadian theme. If symbols are used, Canadian symbols shall be pre-eminent. Such national symbols are war memorials, Canadian and provincial flags, coats of arms, and representative flowers, birds, or animals, as well as all forms of Canadian historical and current military dress.

LITERARY

WHO IS RABBI BULKA?

Renowned for his dedication to the men and women who served Canada, Rabbi Reuven Bulka was often referred to as 'Canada's Rabbi'. For years, he shared emotional and poignant words during Remembrance Day Ceremonies and worked to make an impact in the lives of Canadian veterans.

JUDGING CRITERIA

CONTENT & CLARITY

40

Does the work adhere to the theme of Remembrance? Does it convey a clear message, or emotion relevant to the theme? Does it maintain focus from start to finish? Does it reflect an interesting point of view or experience? Does the author successfully employ any literary devices? (i.e., analogy, allegory, metaphor, etc.) Does the work appear to be original, produced by the submitting party, for the intention of the contest?

CREATIVITY & ORIGINALITY

30

Does the work grab and sustain interest? Is it thoughtful, moving, inspiring and/or impactful? Does the content of the work feel fresh and original, or is it presented in an original way? Does it reflect an interesting point of view or experience? Does the author successfully employ any literary devices? (i.e., analogy, allegory, metaphor, etc.) Does the work appear to be original, produced by the submitting party, for the intention of the contest?

PRODUCTION & QUALITY

30

What is the overall quality of the work and level of polish? Does the work read clearly, thoughtfully, and appropriately paced? Are the necessary rules of syntax & punctuation observed? Is it free of spelling and formatting errors or typos? Does it adhere to the word or line limit?

PRIZES

All prizes will be awarded on the recommendation of the judges, whose decision will be final. On notification of having been selected as a winner at the Legion National Foundation level, the student agrees to the full and exclusive non-profit use of their work by the Legion National Foundation and The Royal Canadian Legion for the period of one year, after which all rights for usage revert to the student.

SENIOR LEVEL | GRADES 10, 11, 12

1ST PRIZE \$1000 **2ND PRIZE \$500** **3RD PRIZE \$250**

Senior First-Place winners are additionally invited to Ottawa on an all-expense paid trip by the Legion National Foundation to represent Canada's youth at the National Remembrance Day Ceremony. Winners must be accompanied by a parent or guardian.

INTERMEDIATE LEVEL | GRADES 7, 8, 9

1ST PRIZE \$500 **2ND PRIZE \$250** **3RD PRIZE \$150**

JUNIOR LEVEL | GRADES 4, 5, 6

1ST PRIZE \$250 **2ND PRIZE \$200** **3RD PRIZE \$125**

All First-Place winners are awarded a cash prize and a personalized plaque. Their educational institution also receives a plaque. Second and Third Place winners are awarded a cash prize and a certificate.

NATIONAL YOUTH REMEMBRANCE CONTESTS

JUDGING GUIDELINES

RABBI BULKA LITERARY CONTEST RULES

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2. Students who have been out of the educational system for more than two consecutive years are ineligible to compete in the Rabbi Bulka Literary Contest at any level.

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ESSAY CONTEST RUBRIC

MAXIMUM POSSIBLE		SCORE
Content & Clarity 40%	Does the work adhere to the theme of Remembrance? Does it convey a clear message, or emotion relevant to the theme? Is it cohesive? Does it maintain focus from start to finish?	
Creativity & Originality 30%	Does the work grab and sustain interest? Is it thoughtful, moving, inspiring and/or impactful? Does the content of the work feel fresh and original, or is it presented in an original way? Does it reflect an interesting point of view or experience? Does the author successfully employ any literary devices? (i.e., analogy, allegory, metaphor, etc.) Does the work appear to be original, produced by the submitting party, for the intention of the contest?	
Production & Quality 30%	What is the overall quality of the work and level of polish? Does the work read clearly, thoughtfully, and appropriately paced? Are the necessary rules of syntax and punctuation observed? Is it free of spelling and formatting errors or typos? Does it adhere to the word limit?	

POETRY CONTEST RUBRIC

MAXIMUM POSSIBLE		SCORE
Content & Clarity 40%	Does the work adhere to the theme of Remembrance? Does it convey a clear message, or emotion relevant to the theme? Is it cohesive? Does it maintain focus from start to finish?	
Creativity & Originality 30%	Does the work grab and sustain interest? Is it thoughtful, moving, inspiring and/or impactful? Does the content of the work feel fresh and original, or is it presented in an original way? Does it reflect an interesting point of view or experience? Does the author successfully employ any poetic devices? (i.e., rhythm, form, metaphor, symbolism, etc.) Does the work appear to be original, produced by the submitting party, for the intention of the contest?	
Production & Quality 30%	What is the overall quality of the work and level of polish? Does the work read clearly, thoughtfully, and appropriately paced? Is it free of spelling and formatting errors or typos? Does it adhere to the line limit?	

Student Full Name

Grade

Age

Category

Home Address

Phone Number

School Full Name

The Legion National Foundation

La Fondation nationale Léon

Poster and Literary Contests Entry Form

Entry Form - Poster and Literary Contests
Formulaire d'inscription - Concours d'affiches et littéraire

A CATEGORY / CATÉGORIE

☒ **POSTER / AFFICHE** ☐ **COLOUR / COULEUR** ☐ **BLACK & WHITE / NOIR ET BLANC**

☐ **LITERARY / LITTÉRAIRE** ☐ **ESSAY / COMPOSITION** ☐ **POEM / POÈME**

Word Count / Nombre de mots: Maximum: 800 St. 500 Lit. 350 Jr.
Line Count / Nombre de lignes: Maximum: 32 lines

GRADE LEVEL / NIVEAU SCOLAIRE

☐ **Primary / Primaire (Poster Only / Affiche seulement)** Kindergarten, Grades 1, 2 and 3 / Maternelle, 1, 2 et 3^{ème} années

☐ **Junior / Junior** Grades 4, 5 and 6 / 4, 5 et 6^{ème} années

☐ **Intermediate / Intermédiaire** Grades 7, 8 and 9 / 7, 8 et 9^{ème} années

☐ **Senior / Sénior** Grades 10, 11 and 12 / 10, 11 et 12^{ème} années

B STUDENT / ÉTUDIANT(E) Please print (Block Letters) / Veuillez imprimer en lettres moulées

First and Last Name - Legal Name Required / Nom complet de l'étudiant(e) - Nom légal exigé: _____

Mailing Address / Adresse postale: _____ City / Ville: _____

Province: _____ Postal Code / Code postal: _____

Telephone Number / No. de téléphone: () _____ Email / Courriel: _____

Grade / Année: _____ Age / Âge: _____ Language / Langue: ☐ English / Anglais ☐ French / Français

C SCHOOL / ÉCOLE

School Full Name / Nom complet de l'école: _____

School Address / Adresse de l'école: _____ City / Ville: _____

Province: _____ Postal Code / Code postal: _____

Contact Teacher / Enseignant(e)-contact: _____

Telephone Number / No. de téléphone: () _____ Email / Courriel: _____

D STUDENT CONSENT / AUTORISATION DE L'ÉTUDIANT(E)

I am the sole creator of the entry. I give the Legion National Foundation and The Royal Canadian Legion permission to reproduce my entry for the sole purpose of promoting this program and the Foundation/Legion for the current contest year. The Legion National Foundation and The Royal Canadian Legion do not rent or sell the names of applicants to any organization or advertiser. / Je suis le créateur/la créatrice unique de la soumission. J'accorde à la Fondation nationale Legion et à la Légion royale canadienne le droit de reproduire ma soumission pour le seul but de promouvoir ce programme et la Fondation/Légion, pour l'année courante du concours. La Fondation nationale Legion et la Légion royale canadienne ne louent ni ne vendent les noms des candidats/les à aucune organisation ou publicitaire.

☒ Student's Signature / Signature de l'étudiant(e): _____

E PARENT OR LEGAL GUARDIAN'S PERMISSION / PERMISSION DU PARENT OU DU TUTEUR LÉGAL

I acknowledge that my child was the sole creator of the entry. I hereby give my child permission to complete the entry form in full for the Poster or Literary Contest sponsored by the Legion National Foundation. / Je déclare que mon enfant est le créateur/la créatrice unique de la soumission. Par la présente, j'accorde la permission à mon enfant de compléter le Formulaire d'inscription en entier pour le concours d'affiches ou littéraire parrainé par la Fondation nationale Legion.

☒ Parent or Guardian's Signature / Signature du parent ou du gardien / de la gardienne: _____

F BRANCH / FILIALE:

Branch No. / No. de filiale: _____ Branch Name / Nom de filiale: _____

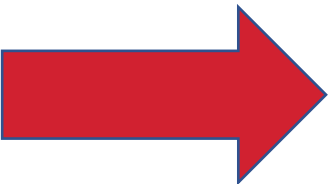
Branch Address / Adresse de filiale: _____ City / Ville: _____

Province: _____ Postal Code / Code postal: _____ District: _____ Zone: _____

G COMMAND / DIRECTION:

Certified as eligible by command / Certifié comme admissible par la direction: _____ Date: _____

March/Mars 2022 - 200832 [Clear Form/Effacer](#) [Infcanada.ca](#) [legion.ca](#)



NATIONAL YOUTH REMEMBRANCE CONTESTS **CONTEST ENTRY FORM**

A CATEGORY

☐ **POSTER CONTEST** ☐ **COLOUR** ☐ **BLACK & WHITE**

☐ **RABBI BULKA LITERARY CONTEST** ☐ **POEM (Lines 32 (max))** ☐ **ESSAY (Lines 500 St. 300 Jr.)**

Line Count: _____ Word Count: _____

GRADE LEVEL

☐ **Primary (Poster Only)** Kindergarten, Grades 1, 2 and 3 ☐ **Intermediate** Grades 7, 8 and 9

☐ **Junior** Grades 4, 5 and 6 ☐ **Senior** Grades 10, 11 and 12

B STUDENT Please print (Block Letters)

First and Last Name - Legal Name Required: _____

Mailing Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone Number: () _____ Email: _____

Grade: _____ Age: _____ Language: ☐ English ☐ French

C SCHOOL

School Full Name: _____

School Address: _____

City: _____ Province: _____ Postal Code: _____

Contact Teacher: _____

Telephone Number: () _____ Email: _____

D STUDENT CONSENT

I am the sole creator of the entry. I give the Legion National Foundation and The Royal Canadian Legion permission to reproduce my entry for the sole purpose of promoting this program and the Foundation/Legion for the current contest year. The Legion National Foundation and The Royal Canadian Legion do not rent or sell the names of applicants to any organization or advertiser.

☒ Student's Signature: _____

E PARENT OR LEGAL GUARDIAN'S PERMISSION

I acknowledge that my child was the sole creator of the entry. I hereby give my child permission to complete the entry form in full for the Poster or Rabbi Bulka Literary Contest sponsored by the Legion National Foundation and in partnership with The Royal Canadian Legion.

☒ Parent or Guardian's Signature: _____

F BRANCH

Branch Number: _____ Branch Name: _____

Branch Address: _____ City: _____

Province: _____ Postal Code: _____ District: _____ Zone: _____

G COMMAND to be completed by Command

Certified as eligible by Command: _____ Date: _____

The Legion National Foundation - National Youth Remembrance Poster Contest Short Rules
NO PURCHASE NECESSARY. Void where prohibited. Open to residents of Canada who are 8 - 18 years of age and a current student at a participating elementary school, middle school, or high school in Canada. Individuals who are under the age of 18 must have the consent of their parent or legal guardian to participate. Contest begins on 09/23/22 and ends on 12/23/22. 24 prizes available. Total Prize ARV: \$5,330 CAD; Individual Prize ARV: \$200 - \$4,990 CAD. Sponsor: The Legion National Foundation. Participation is subject to the Official Rules, available at [RemembranceContests.ca](#).

The Legion National Foundation - Rabbi Bulka Literary Contest Short Rules
NO PURCHASE NECESSARY. Void where prohibited. Open to residents of Canada who are 8 - 18 years of age and a current student at a participating elementary school, middle school, or high school in Canada. Individuals who are under the age of 18 must have the consent of their parent or legal guardian to participate. Contest begins on 09/23/22 and ends on 12/23/22. 10 prizes available. Total Prize ARV: \$4,430 CAD; Individual Prize ARV: \$25 - \$4,400 CAD. Sponsor: The Legion National Foundation. Participation is subject to the Official Rules, available at [RemembranceContests.ca](#).

May 2023 200832 [remembrancecontests.ca](#)

Winners Booklet

Winners 2023

Poster and Literary Contests

Posters, Essays, Poems

Affiches, Compositions, Poèmes

Concours d’Affiches et Littéraire

Gagnants 2023



The Legion
National
Foundation

La Fondation
nationale
Legion

Senior
Sénior

First Place
Première Place

The Boy

The boy wasn't famous or well known,
But he did make a difference, though not alone.
With hundreds of others, he left what he knew,
And crossed the Atlantic to battle for you.

With the 10th Infantry Brigade he trained and prepared,
So much to learn, no time to be scared.
Assault belts, binoculars, maps and first aid,
On the shoulders of the boy great responsibility weighed.

He practiced on landing craft in Liverpool's cold sea,
Matching the plan was crucial and true.
For it would lead to secrets along Normandy's shore,
In Operation Overlord on D-day, June 6th, '44.

He and his comrades had the toughest task of all,
To capture Saint Aubert near Alen and then answered their call.
They braved German defenses of minefields and barbed wire,
And then conquered Caillotte through enemy fire.

The boy and his regiment then found the day,
Challenged with securing the village of Caillotte.
His careful time came at terrible cost,
For it was the day with the most soldiers lost.

The war was not over, the boy continued with might,
Through the Netherlands and Belgium, he prevailed in the fight.
Finally, the Germans surrendered on their own soil,
The allies had succeeded, victorious and proud.

The boy returned home unlike so many others,
Mourning his father and mourning by their mothers.
People called him a hero which he didn't expect,
As he humbly made him a stake of his brother's debt.

He felt he was still just a boy, it's those lost we must remember,
Each day of the year, not just the 11th of November.
The last lost he will play as a symbolic saint,
For the boys who became men with New Brunswick's North Shore Regiment.

By: Kathleen Woods
This poem is inspired by the memory of my grand grandfather, Captain John Lusk,
rightmost in the second row of the New Brunswick North Shore Regiment.
I think his older brother of the North Shore Regiment and those lost after
courageously served our country in their bravery that has given us the lives we live
today. Lost we forget.

Kathleen Woods
Memphis, NB - James M. Hill Memorial High School - Key Clubman B.
Poetry - 10th Grade

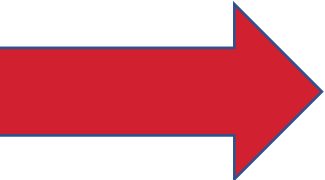
Isabelle Barnes
Corner Brook, NB - Corner Brook Regional High School - Key Club Member B.
Affiche à thème poppy - Affiche en noir et blanc



Vlada Paschenko
Moncton, NB - Atlantic School - Key Club Member B.
Affiche à thème poppy - Affiche en couleur



2 POSTER AND LITERARY CONTESTS 2023 - CONCOURS D'AFFICHES ET LITTÉRAIRE 2023



NATIONAL YOUTH
REMEMBRANCE
CONTESTS

CONCOURS NATIONAL
DU SOUVENIR
POUR LES JEUNES



CREATED BY
KHADJIAH VARTLI
LONDON, ON

2023 WINNERS
GAGNANTS 2023

LITERARY, POSTER AND VIDEO CONTESTS
CONCOURS LITTÉRAIRE, D'AFFICHES ET DE VIDÉO

SENIOR
FIRST PLACE

SÉNIOR
PREMIÈRE PLACE

ESSAY | COMPOSITION
AARIKA HAQUE
Shaw, SK | Shaw Composite School
10th Grade B.

MULTICULTURAL CANADIANS' SACRIFICES

When Canadians think of Remembrance Day they think we must remember the past and only honour our veterans. They believe this is a day we celebrate past generations but forget the people defending us in this very second. They forget that now both men and women fight for our nation. Not just fathers and sons, but mothers and daughters sacrifice their lives as well. We also forget the other heroes, the war to build the Canadian dream and progress that shape modern life. They save lives without the fear of losing their own. As a child, I learned Remembrance Day was only about the older generations and was not relevant today. The truth is that wars are ongoing throughout the world, and Canadian men and women are leading the battle. I am a second generation Canadian. I do not have ancestors that fought for Canada, but they fought their wars for their own country. Remembrance should be a topic that brings every individual from every nation together.

As a multicultural nation, we fail to recognize the Canadian soldiers and immigrants who have defended our country. We often depict our defenders in Remembrance Day programs, books, and our education systems, as a stereotypical Caucasian male, but we must include Canadians of all races, genders, and classes in our remembrance. We must remember the sacrifices made by these heroes, who do not often receive the recognition they deserve. In the past, when there were more racial inequalities and segregation, people looked down upon Canadians of different ethnicities and races. Thankfully, his segregation barriers were created when entering after the Second World War, since some Black Canadians recruits encountered resistance when trying to join the army, they were given permission. The actions of Black Canadians served in many ways but are not portrayed in our history books. In addition to our Black Canadians, we must include indigenous Canadian contributions. Indigenous Canadians from every region of Canada served in the armed forces during both world wars, Korea, and Afghanistan. They fought in every major battle and campaign of the conflicts. Indigenous peoples played a huge role through generations, yet their contributions are still often ignored. As generations of learning to "live alone" and overlooking the importance of inclusion, we should make a change. We need to teach our children the value of their sacrifices and the significance of their bravery.

Remembrance is just as much about the present as it is about the past. Without learning from the past, we would have no present. It is challenging, as a generation of privileged youth, to understand and learn about war and sacrifice. Most of us will never have to be in war or give to our childhoods for future generations. My experience with remembrance is much less than I can never fully understand the gravity of their sacrifices for our nation. I can never understand the pain of being away from my family, not coming home to my warm bed, and not knowing if I will see the warmth of the sun on my face tomorrow. These heroes, individuals, who enter to serve our nation do not do it in the hopes of being home or for nation reasons. They go to protect every individual from bloodshed. Remembrance should be a topic embraced in our hearts, an emotion taught to every soul. If we are not thankful, who will be?

Our job is to remember the fallen and the people defending our nation today. This one day is when every Canadian comes together and honours their sacrifices. We can not comprehend what they sacrificed, but we can take a moment of silence for them. A moment of silence feeling gratitude and gratefulness, serving an immense joy to be a part of a nation of courageous individuals willing to defend our future. As a generation of privileged youth, we must never forget their sacrifices. The people who give their lives, so we could live our lives without fear. On Remembrance Day, we must not think of just the past, but about the present too. We must think of what might happen if their sacrifices were unremembered and if we fail to honour them. We are the generation of remembrance and reconciliation. We must remember them with all our hearts and lives we have taken over last century.

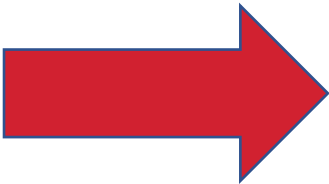
VIDEO | VIDÉO
SARA PLUTA
10th Grade, 145 | Oakville Education & Recreation Centre
10th Grade, 145 | Oakville Education & Recreation Centre
www.youtube.com/watch?v=...



QR code that when scanned will lead to the winning video

Image here will be the "thumbnail" image selected by the entrant when uploading their video

Winners Certificates



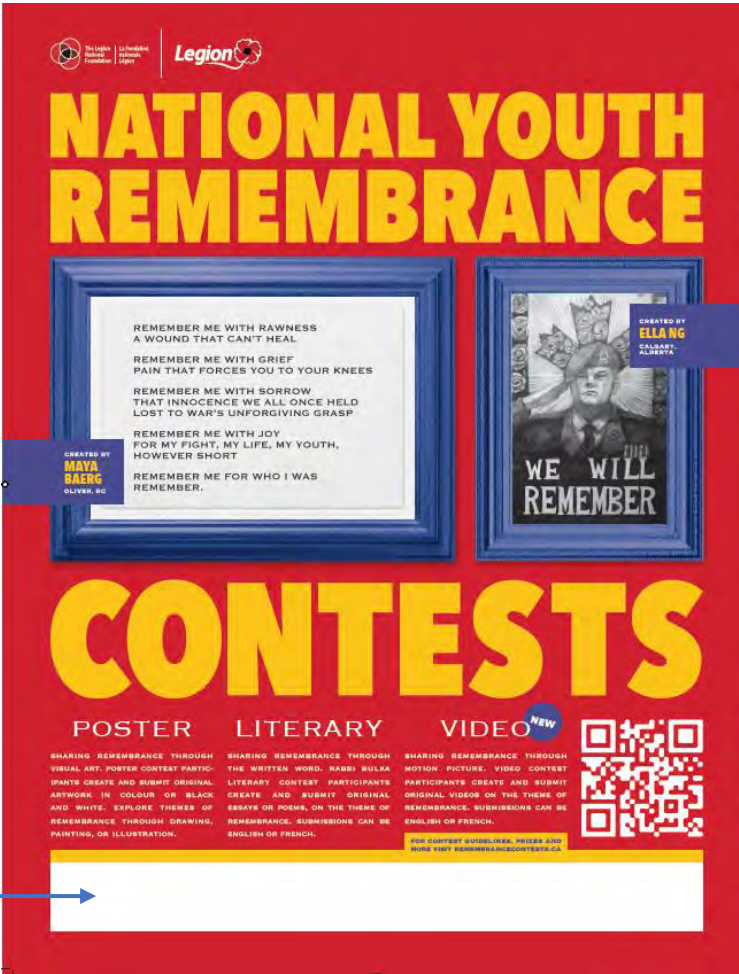
New Materials Created

- Promotional posters
- QR code
- Promotional video
- Video Contest
- Website
- Official Rules

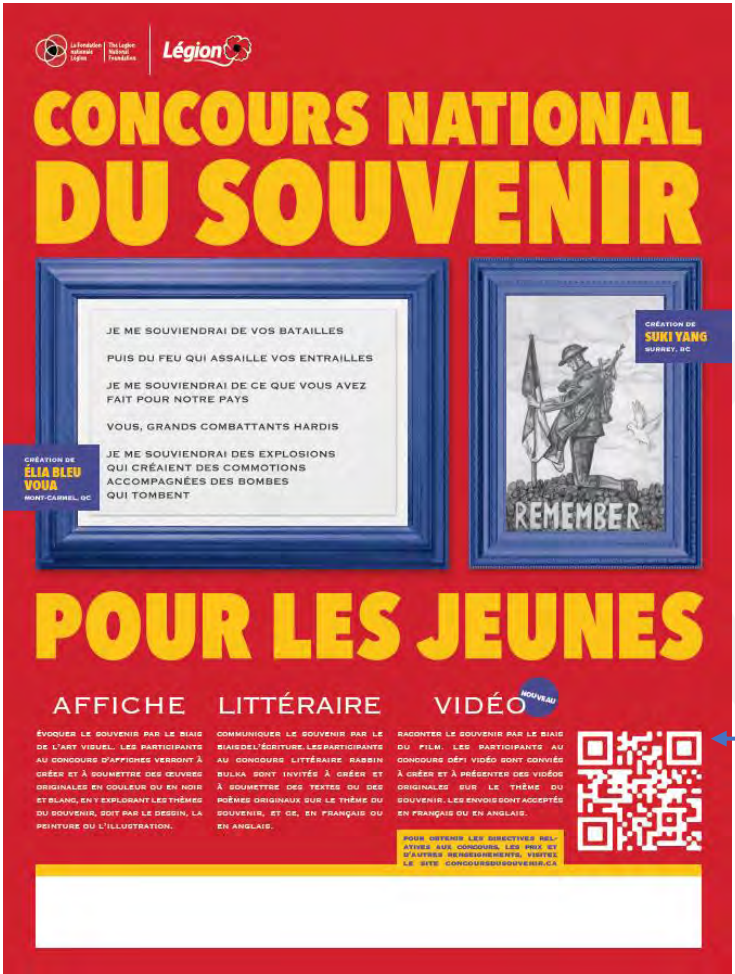
Promotional Posters - New

- Features artwork from previous years' winners
- Brief description of each contest
- QR code links to RemembranceContests.ca for more information
- Space for Branches to add their contact information
- Could also be used as an informational flyer to hand out at local schools

Promotional Posters - New



Each Branch can add their contact information in this allotted space



Links to RemembranceContests.ca in order to access to all information, forms, rules, etc.

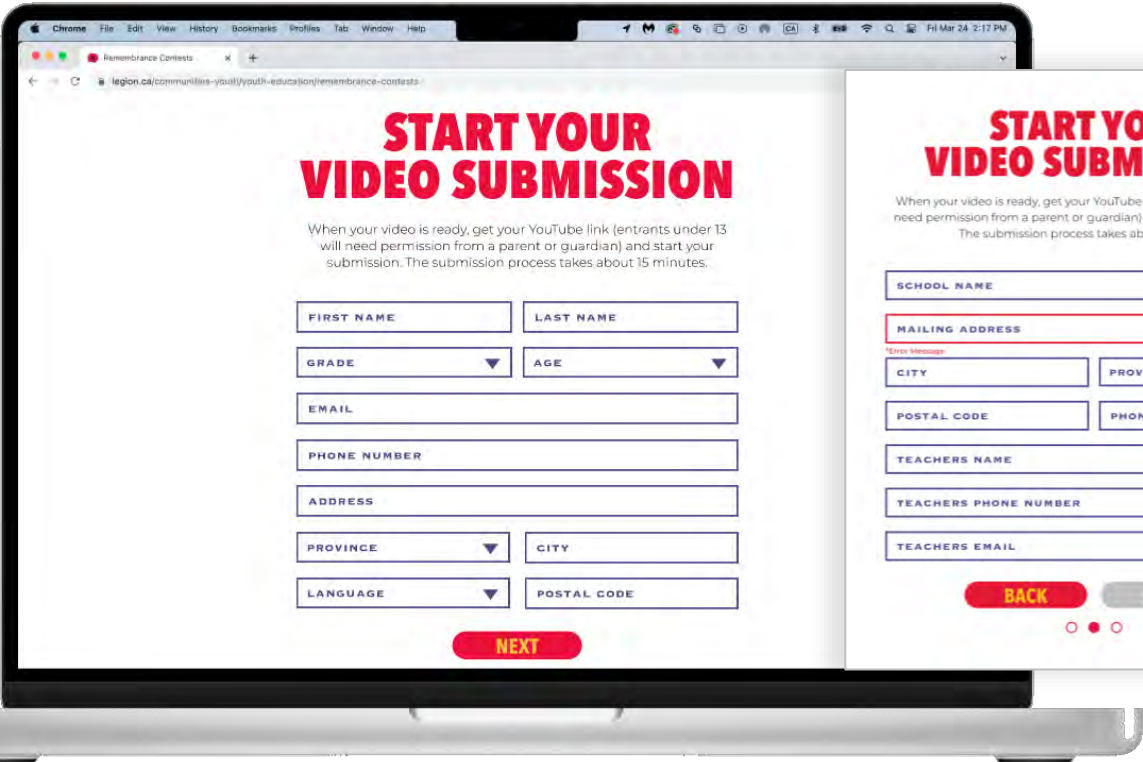
Promotional Video - New



Video Contest - New

- Submissions directly to Provincial Command via RemembranceContests.ca
 - Entry form is online only
 - Provincial Commands to receive Excel list of entries
- Intermediate and Senior levels only
- Video must be uploaded to YouTube
- Option to submit as individual or group
 - If group wins first place in Senior, **only the submitting group member** will be eligible to travel to Ottawa

Video Contest - Entry Form



START YOUR VIDEO SUBMISSION

When your video is ready, get your YouTube link (entrants under 13 will need permission from a parent or guardian) and start your submission. The submission process takes about 15 minutes.

SCHOOL NAME

MAILING ADDRESS

CITY PROVINCE

POSTAL CODE PHONE NUMBER

TEACHERS NAME

TEACHERS PHONE NUMBER

TEACHERS EMAIL

BACK NEXT

START YOUR VIDEO SUBMISSION

When your video is ready, get your YouTube link (entrants under 13 will need permission from a parent or guardian) and start your submission. The submission process takes about 15 minutes.

VIDEO TITLE

YOUTUBE VIDEO LINK

☐ Terms and conditions. Copyright information. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Pellentesque quis porta odio. Nunc sodales mauris quis portitor efficitur. Fusce non sollicitudin magna. Nam non porta metus. Quisque hendrerit porttitor sapien. Mauris eget cursus mauris, et lobortis enim. Vestibulum sed justo augue. Aenean at lacinia massa. Morbi lacinia placerat fermentum.

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☐ Student Consent ☐ Guardian Consent

BACK SUBMIT

START YOUR VIDEO SUBMISSION

When your video is ready, get your YouTube link (entrants under 13 will need permission from a parent or guardian) and start your submission. The submission process takes about 15 minutes.

ARE YOU SURE?

BACK SUBMIT

RemembranceContests.ca - New



NATIONAL YOUTH REMEMBRANCE CONTESTS

Through the annual National Youth Remembrance Contests, Canadian youth and children are invited to honour Canada's Veterans, help perpetuate Remembrance and foster the tradition of Remembrance amongst Canadians through visual art, writing, and now video.

All winners are awarded a cash prize for their work.

First Place Senior Winners are eligible for our most prestigious award – a trip to Ottawa and an opportunity to represent the youth of Canada at the National Remembrance Day Ceremony, made possible by the Legion National Foundation.



EXPLORE THE CONTESTS

POSTER CONTEST

Sharing remembrance through visual art. Poster contest participants create and submit original artwork in colour or black & white. Explore themes of remembrance through drawing, painting, or illustration.

[GUIDELINES](#) [ENTRY FORM](#) [JUDGING GUIDELINE](#)

RABBI BULKA LITERARY CONTEST

Sharing remembrance through the written word. Rabbi Bulka Literary contest participants create and submit original essays or poems, on the theme of remembrance. Submissions can be English or French.

[GUIDELINES](#) [ENTRY FORM](#) [JUDGING GUIDELINE](#)

NATIONAL YOUTH REMEMBRANCE VIDEO CONTEST

BRIDGING REMEMBRANCE THROUGH MOTION PICTURES. FIND YOUR CONTEST GUIDE AND SUBMISSION FORM HERE.

[SUBMIT VIDEO](#) [GET THE GUIDE](#)

START YOUR VIDEO SUBMISSION

When your video is ready, get your YouTube link ready to submit to us under 15 and email permission from parent to questions and our video submission. The submission window closes on April 15, 2025.

FIRST NAME LAST NAME

GRADE SEX

EMAIL

PHONE NUMBER

ADDRESS

CITY PROVINCE

POSTAL CODE COUNTRY

[NEXT](#)

EXPLORE THE OTHER CONTESTS

POSTER

Sharing remembrance through visual art. Poster contest participants create and submit original artwork in colour or black & white. Explore themes of remembrance through drawing, painting, or illustration.

[LEARN MORE](#)

LITERARY

Sharing remembrance through the written word. Rabbi Bulka Literary contest participants create and submit original essays or poems, on the theme of remembrance. Submissions can be English or French.

[LEARN MORE](#)

*Site not live

Official Rules

- Created for the contests to be legally compliant
- Official rules for each contest (poster, literary, video)

NO PURCHASE NECESSARY TO ENTER OR WIN. VOID WHERE PROHIBITED.

1. Agreement

Please read these official rules (the “**Official Rules**”) carefully. They contain important information about your rights and obligations, as well as limitations and exclusions that may apply to you if you enter the National Youth Remembrance Poster Contest (the “**Contest**”) sponsored by The Legion National Foundation (the “**Sponsor**”). **Any individual under the age of 18 must have the permission of a parent or legal guardian to participate in the Contest.** Participation in the Contest constitutes each Participant's, (or if a minor, Participant's parent's/legal guardian's) full and unconditional agreement to these Official Rules and Sponsor's decisions, which are final and binding in all matters related to the Contest.

2. Contest Period

The Contest begins at 12:00:01 AM Eastern Time (“**ET**”) on September 1, 2023 and ends at 11:59:59 PM ET on December 15, 2023 (the “**Contest Period**”). Sponsor's database clock is the official timekeeper for the Contest.

3. Eligibility

The Contest is open to students at a participating elementary school, secondary school, or high school in the Canadian School system who are four (4) years of age to eighteen (18) years of age and legal residents of Canada (“**Participant**”, “**entrant**” or “**you**”).

If you are under eighteen (18) years of age at the time of entry, you must have the permission of your parent or legal guardian to participate in the Contest. Sponsor reserves the right to request proof of such permission at any period during the Contest.

Employees, officers, directors, agents or representatives of the Sponsor, its parent companies and their respective subsidiaries, affiliates, suppliers of prizes, advertising and promotion agencies involved in the administration, development, fulfillment and execution of this Contest (collectively, the “**Contest Parties**”), and the immediate family (spouses, parents, siblings and children) of, and/or those living in the same household of each are not eligible to enter.

Thank You!